



THE ORIGINAL
Spirit-in-Nature Essences™



To develop these qualities, try these flower essences

We at Spirit-in-Nature Essences are at your service to help you discover your own perfect well-being. Achieve your highest potential with these time-tested flower essences (since 1977) that can help to stimulate your positive qualities such as joy, peace, and love. They are prepared from the blossoms of fruit trees and vegetable plants – from Nature’s heart to yours.

Directions: Use several drops under the tongue several times daily, apart from food; or topically on wrists, typically for 1-2 weeks or until you feel stabilized in the desired quality. When in doubt, start with Pear Essence to sensitize you to the others, or see which ones “jumps out” at you in the list on the back. Safe, quick-acting, and inexpensive, there are no contraindications, overdosing, or side effects. Good for people of all ages - pets and plants too!



To learn more, please stop by at www.spirit-in-nature.com for our videos, Home Study Courses, free online books, blogs, educational materials, and more (and see www.liladeviauthor.com).

Why not let these unique flower essences - the oldest globally outside the UK where flower essences first began - restore you to perfect well-being!

info@Spirit-in-Nature.com
www.Spirit-in-Nature.com

Nevada City, CA USA ~ 530.478.7655

Calmness	LETTUCE
Uplifted Spiritual Awareness	COCONUT
Cheerfulness	CHERRY
Simplicity, Guilelessness	SPINACH
Unselfishness	PEACH
Mental Vitality	CORN
Mental Strength, Endurance	TOMATO
Self-assurance	PINEAPPLE
Humility Rooted in Calmness	BANANA
Flexibility; Self-acceptance	FIG
Moral Vigor, Moderation	ALMOND
Peace, Emergency	PEAR
Good Memory	AVOCADO
Peaceful Clarity	APPLE
Enthusiasm	ORANGE
Purity of Thought	BLACKBERRY
Tender Sweetness	DATE
Dignity	STRAWBERRY
Kindness, Compassion	RASPBERRY
Love	GRAPE

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