

Flower Essences for Natural Pet Care  
by Lila Devi

“A basket case” sums up the condition of a dog recently brought in to the Oregon Humane Society in Portland. The owner’s trial, for charges of neglect and cruelty, is pending. This dog had spent his life at the end of a ten-foot rope. Understandably overwhelmed by the presence of other cats and dogs in the shelter, he whined and yowl-barked continually, in addition to exhibiting other inappropriate behavior. A kindly volunteer treated him with Pear Essence, a calming remedy for emergency situations. Within two days, the dog’s mental stability, cheerfulness, and affectionate nature had returned, possibly as never before. The other workers, walking by his kennel, wondered what had happened to him.

Another “Pear story” follows. A male kitten, taken ill in his foster home, exhibited fearful and aggressive behavior after being given a regimen of antibiotics. Not the cuddly type to begin with, his behavior worsened to the point where he was scratching, hissing, and biting the staff who tried to catch and contain him. After only two doses of Pear Essence, the kitten’s foster mother was able to hold and pet him. The little guy began purring; he even allowed the woman’s husband to hold him.

The Oregon Humane Society has taken note of these results. Kelly Ballance, the foster care and outreach supervisor, says, “From what I’ve seen, animals can only remain in a kennel on a short-term basis before going ‘kennel crazy.’ The Pear Essence lessens their stress and helps them adapt to the environment of the shelter.” Serving three metro areas with forty kennels and five colony rooms, the Oregon facility will be equipping their adoption kennels with Pear Essence diffusers, an easy way to administer it to all the animals. Thought newly introduced, flower essences are providing remarkable results. Staff members are excited to see how well the animals respond to these natural remedies.

Even in this excellent new facility, that housed a total of about ten thousand animals last year alone, there are many sad stories of the unadopted ones. If not emotionally distraught, stressed animals can become ill—most of them with completely treatable diseases. But, since not many people will adopt sick animals, they are euthanized rather than

being released. Flower essences can address the anxieties that lead to illness, literally saving the lives of animals who are otherwise fully capable of offering years of loving companionship in countless homes.

Flower essences—herbal tinctures for strength and balance—were first discovered in the 1930s by medical doctor Edward Bach, a gifted surgeon, bacteriologist, and homeopath. The Pear Essence described above is one of the twenty Master’s Flower Essences—initially interpreted by the world-renowned metaphysician, Paramhansa Yogananda—the oldest US line since 1977 and one of the oldest in the world today. Prepared by a simple method utilizing sunlight, spring water and the flowers themselves, these essences are derived from the blossoms of fruit trees and vegetable plants.

Never before has a healing method so simple proven itself to be so powerful. These floral remedies are completely safe; overdosing is not possible, nor do they carry any contraindications. Some prescription and over-the-counter medications for people can in fact be toxic to animals. Aspirin, for example, is lethal to cats, who do not have the necessary enzymes to metabolize it. Even seemingly harmless scented oils can be highly toxic to animals. One herbalist, finding eucalyptus oil soothing, placed a dab on her dog’s nose, thinking the positive benefits would also apply to canines; in six hours he was dead. We needn’t worry with flower essences. Non-toxic, fast-acting, inexpensive, and easy to use, flower remedies are quickly making their way into the medicine cabinets of mainstream America.

While flower essences are highly effective for people, they are even more so for animals. Why? Animals are free from the doubt, skepticism, and possible placebo effects that impact their human companions. In my book, *Flower Essences for Animals: Remedies for Helping the Pets You Love*, I explain both the anatomical and metaphysical placement of the animal kingdom in the grander scheme of living things. Even metals—inhabitants of the mineral kingdom—express life, although on a much dimmer level of awareness. (“Metal fatigue,” as we all know, is a coined and accepted expression.) How much more conscious is a dog, a cat, or a horse!

Since flower essences may be called “bottled life force” and work on a vibrational rather than a biochemical level, it is easy to understand that

they are a language both accessible and comprehensible to animals. These creatures possess a rich emotional nature. They are equipped with heightened senses borne of extraordinary instinctive abilities for survival. Is it any wonder that they respond to flower essences—or that they need our assistance in adapting to domestication, a lifestyle so totally foreign to them?

So your cat has started spraying when your new boyfriend starts visiting? It is highly likely that this behavior is her emotional response to a situation that she finds offensive, and that she is communicating through an action that is guaranteed to draw your attention. Your dog, left alone all day while you are at work, may be given to destructive behavior—a naturally instinctive reaction for a pack animal who feels his very life threatened by prolonged solitude. Flower essences support an animal's instinctive wisdom. A wise and loving pet owner can work easily with these remedies to enhance the lives of her animal companions.

Directions for application are simple. Because there are so many options, you'll want to choose the method(s) most pleasing to your pet, making "essence time" as positive an experience as possible. Try: four drops of Stock Concentrate to the fresh morning bowl of drinking water or sixteen drops to a watering trough; several drops on your palm, stroked onto her fur, feathers, scales, or shell several times daily; the drops applied to her gums, nostrils, behind the ears, or on the paw pads, being careful not to touch the dropper; or four drops to a misting bottle (one cup water) or added to a diffuser for stalls, kennels, cages, cars, or carriers, including bedding. Four applications a day are all that's needed to see results within a maximum of three days, although at least the beginning of a behavioral change is often immediate. Please note that *flower essences do not replace proper veterinary treatment*.

Just this afternoon I was speaking long-distance with a man who concurred that the love our animals bestow on us is often far superior in depth, breadth, and quality to the love we give to them. This is not a judgment; it is an observation. Animals will not betray, scorn, or deceive us. They love unconditionally, simply because it is their nature to do so.

We need look no further than our own homes, yards, and pastures to see examples of true loyalty, keen intelligence, and innocent joy. The noted French author, Anatole France, once said, "Until one has loved an animal, a part of one's soul remains unawakened."

### The 20 Master's Flower Essences

Almond: Moderation  
Apple: Healthfulness  
Avocado: Good memory  
Banana: Humility, calmness  
Blackberry: Purity  
Cherry: Cheerfulness  
Coconut: Upliftment  
Corn: Vitality  
Date: Sweetness, tenderness  
Fig: Flexibility  
Grape: Love, devotion  
Lettuce: Calmness  
Orange: Joy  
Peach: Selflessness  
Pear: Emergencies, peacefulness  
Pineapple: Confidence  
Raspberry: Kindheartedness  
Spinach: Simplicity  
Strawberry: Dignity  
Tomato: Strength, courage

Lila Devi (pronounced *lee-lah day-vee*) Stone, founder of the Master's Flower Essences in 1977, lectures extensively both nationally and abroad. She is the author of *The Essential Flower Essence Handbook* and *Flower Essences for Animals*, both of which are texts for the internationally acclaimed MFE Formal Home Study Courses. For a free information packet on products and programs, call 800-347-3639 or visit [www.mastersessences.com](http://www.mastersessences.com).

